

Recent Osteoporosis Management Strategy – from Initiation to Long Term Management

Biography



Professor Manju CHANDRAN is a Senior Consultant and Director of the Osteoporosis and Bone Metabolism Unit at Singapore General Hospital. She specializes in Endocrinology, with sub-specialties in Complicated Osteoporosis, General Endocrinology, Diabetes, and Metabolic Bone Disorders. Professor Chandran completed her Fellowship in Endocrinology and Metabolism from the University of California San Diego

School of Medicine, USA. She holds several professional appointments, including Chairperson of the Asia Pacific Consortium on Osteoporosis (APCO), Elected Member of the Board and of the Committee of Scientific Advisors of the International Osteoporosis Foundation (IOF). Professor Chandran has received numerous awards for her contributions to the field, including the International Society of Clinical Densitometry (ISCD) 2023 International Clinician of the Year Award and the International Osteoporosis Foundation (IOF) Olof Johnell Science Award 2021. Her research interests include the Epidemiology and Health Economics of Osteoporosis, Secondary Osteoporosis, Diabetes and Osteoporosis, and Artificial Intelligence in Osteoporosis. Professor Chandran has over 200 publications to her credit, including several in leading medical journals.

Abstract

In this session, Professor Manju Chandran will delve into the recent osteoporosis management strategies, from evaluating patients' history and comorbidities for treatment initiation to long-term management strategy. Professor Chandran, who specializes in Endocrinology with sub-specialties in Complicated Osteoporosis, General Endocrinology, Diabetes, and Metabolic Bone Disorders, will discuss the importance and urgency of diagnosing and treating osteoporosis among patients across multiple profiles.

The session also focuses on why treatment sequencing is important for osteoporosis patients. With her extensive experience and expertise in the field, Professor Chandran's lecture will provide valuable insights and practical guidance for healthcare professionals and patients alike. Attendees can expect to learn about the latest developments in osteoporosis management and gain a deeper understanding of this common and debilitating condition.